



**Pike County Health Coalition Meeting
Minutes
Held Thursday, April 23, 2015
At Pike County General Health District in Waverly**

The meeting was called to order at 9 a.m. by Gary Roberts, Executive Director for the Community Action Committee of Pike County. The sign-in sheet for the meeting (separate) indicated seventeen (17) in attendance.

Josh Sherwood, Pike County General Health District

Josh reviewed with committee members 2015 County Health Rankings: Measures and National/State Results for Pike County. Pike County was ranked 85 for Health Outcomes; 87 for Length of Life; 84 for Quality of Life; 88 for Health Factors; 66 for Health Behaviors; 78 for Clinical Care; 88 for Social and Economic Factors; and 86 for Physical Environment.

The top three (3) Health Improvement priorities for the Pike County Health Coalition will be:

1st HCV/Drug Abuse - Pike County General Health District (Josh Sherwood jsherwood@pike-health.org) will form a team for this priority)

What Is HCV/Drug Abuse

Hepatitis is an inflammation of the liver, most commonly caused by a viral infection. There are five main hepatitis viruses, referred to as types A, B, C, D and E. Hepatitis B and C are the most serious and can lead to chronic disease that causes liver cirrhosis and liver cancer. They are typically transmitted through contact with contaminated blood or blood products or sexual conduct. There is no known vaccine for hepatitis C, but there is a safe and effective vaccine for hepatitis B. Hepatitis C can be treated, but hepatitis B cannot. The majority of Hepatitis C positive people are aged between 20 – 39 years of age and over 80 percent of people infected with the hepatitis C virus contracted it from unsafe injecting drug use. Hepatitis is a common disease among intravenous drug users because of the chronic incidence of unsafe needle use. Hepatitis infection poses a serious, chronic, long term health problem. Infection rates are very high, especially among young drug users and individuals who engage in high risk activities such as unprotected sex and injecting drug use. Without adequate care and support, many people will suffer the long term health problems from the disease. Even with care, there can be an ongoing cost associated with the condition.

2nd Smoking - Valley View Health Centers (Cindy Balzer cbalzer@pikecac.org) will form a team for this priority)

Pike County Ranked 66 out of 88

Tobacco use is the single most preventable cause of death and disease in the nation and in Ohio. It is estimated that smoking costs Ohio – its employers and insurers - more than \$9 billion in health care costs and productivity losses each year. With the right tools, Ohioans can quit using tobacco – and stay quit. Electronic Cigarettes are battery operated devices that have been developed as an alternative to normal cigarettes. It gives a smoker the apparent effect of nicotine intake without delivering the toxic elements like Tobacco, Carbon Monoxide and Tar that harms the lungs. Electronic Cigarettes are found to contain an anti-freeze component known as Diethylene Glycol. It is toxic to humans and can cause health worries on inhalation. Many electronic cigarette brands are being found to offer e-cigarettes in various flavours like mint, orange and chocolate. This actually promotes smoking rather than curbing it.

3rd Obesity (Adena/Pike Medical Center (Dave Zanni dzanni@adena.org) will form a team for this priority)

Pike County Ranked 66 out of 88

Nationally, Ohio is the 38th worst state in terms of obesity among its residents. About 33 percent of Ohio adults are overweight and 30 percent are obese. Obesity's impact on Ohio children is even more troubling. So many children are overweight or obese that today's children may be the first generation not to live as long as their parents. About 30 percent of high-school students are overweight or obese, more than 25 percent of third-grade students are overweight or obese; and more than 28 percent of low-income children ages 2 to 5 are overweight or obese.

Would you like to be a participant on one of the committees? Just e-mail the contact person from the Health Priority lists above.

Cervical Cancer Project

Debbie Moore from the Valley View Health Centers spoke to members about the Cervical Cancer Project. The primary cause of cervical cancer is infection with certain types of human papillomavirus (HPV), especially types 16 and 18. **Debbie informed committee members that if they would like more information about this project to please contact her at the Waverly Valley View Health Center (740-947-7726).**

Outreach Enrollment – Medicaid Outreach

Josh Newland updated committee members on the Medicaid Outreach Program. Ohio's Medicaid program, expanded to provide coverage for working poor adults, is already showing positive outcomes. Early outcomes demonstrate the benefits of broad access to a doctor's care: better health, better care, and lower costs. Medicaid provides insurance and access to health care to 24 percent of Ohio's adults and children. With the Medicaid expansion of the ACA, working poor adults earning up to 138 percent of poverty became eligible for Medicaid coverage, regardless of whether they have children. In Ohio, more than 367,395 newly eligible adults signed up for coverage between January 1, 2014 and August of 2014.

Improving Health Care of Diabetics

Dr. Gotfried spoke with committee members on Improving Health Care of Diabetics. He recently attended a conference at the University of Chicago for a patient-centered approach for managing: insulin-dependent type-1 diabetes, complex type-2 diabetes, monogenic diabetes, including neonatal diabetes and maturity onset diabetes of the young (MODY). Valley View Health Center patients will benefit from a full evaluation that results in an individualized diabetes management plan that the patient follows under the care of his or her primary/referring physician. This thorough treatment plan will address all aspects of managing their diabetes and any related complications.

YMCA

Kim Conley, Director of the Pike County YMCA was unable to attend the meeting due to other obligations. The Pike County YMCA offers income based pricing to fit any financial situation.

OSU 4th Year Dental Students

Mr. Roberts spoke with committee members in regards to an affiliation agreement between the Valley View Health Centers and Ohio State University to arrange for placement of 4th year OSU students at the Valley View Piketon Dental Site. Students will begin June 1, 2015.

OSU/Shawnee State University/Valley View Health Centers

Mr. Roberts spoke with committee members in regards to a potential dental project in Portsmouth. If funded the site will host dental hygienist students from Shawnee State University; the placement of 4th year OSU dental students and possibly offer oral surgery to patients in the area.

Upcoming Events:

1st Annual Valley View Health Centers Manchester Golf Outing June 6th, 2015
Hilltop Golf Course
1649 Brown Hill Road
Manchester, OH 45144

Pike County Health Coalition Website

Mr. Roberts announced the continued development of the Pike County Health Coalition website and reminded those in attendance to email Jack Cooper (jcooper@pikecac.org) with any updates and/or upcoming health-related events to be posted on the website.

The next meeting date will be **Thursday, May 28, 2015** beginning at 9 a.m. The location of the meeting will be at the Pike County General Health District conference room.

The meeting adjourned at 11:15 a.m.

If you know someone you think may be interested in joining the Pike County Health Coalition please invite them to the next meeting.